



Believe, Achieve, Succeed

Si usted desea una explicación en Español de este artículo, por favor, llame a la oficina de Joe Guajardo 254-7526. Estamos para servirles.

Dear Families;

February, 2017

Our calendar is quietly marching onward and the students are coming to the point where they are showing great gains in their learning. We continue to use Wednesday afternoons to refine and enhance your student's learning by looking at common assessments and designing lessons that will maximize their learning.

Part of our mission at Dos Rios is to maintain high expectations for individual student achievement. Are students successful because of talent or intelligence? Research shows that intelligence only accounts for 30% of achievement.....

What makes a bigger impact than talent or intelligence?

Mental toughness (Grit) **The perseverance and passion to achieve long-term goals.**

Mental toughness (Grit) plays a more important role than anything else for achieving goals in health, business, and life. Mental toughness and grit equal consistency. Mentally tough people are more consistent than others. They go to all their workouts. They turn in all their assignments. They work on a schedule all the time, not just when they are motivated. They do the most important things first and don't shirk their responsibility.

As parents and teachers we can build mental toughness in our children by:

- Defining what mental toughness is in relation to our own families and classrooms. Whatever it is, be clear about what you're going after. (doing homework every day, being on time, reducing screen time)
- Focus on small physical wins. Mental toughness is like a muscle. It needs to be worked to grow and develop. If you haven't pushed yourself in thousands of small ways, of course you'll wilt when things get really difficult.
- Mental toughness isn't about getting an incredible dose of inspiration or courage. It's about building the daily habits that allow you to stick to a schedule and overcome challenges and distractions over and over and over again.

If we build consistency into our daily habits, then our children will be able to experience high achievement in all areas. We have amazing children and they are learning at a very fast rate. Continue doing the great work that you are doing! It is a pleasure serving you.

Sincerely,

Vernann Raney



Building a Good Attendance Habit

Attending school regularly helps children feel better about school and themselves. Starting the good attendance habit early helps children learn that going to school on time, just like going to work on time every day, is important. Good attendance will help children do well in middle school, high school, college and at work.

Dates to Remember:

February	16-	No School-Parent/Teacher Conferences 4-8 PM
	16-	Book Fair (Library) 4-8 PM
	17-	No School-Parent/Teacher Conferences 8-4 PM
	17-	Book Fair (Library) 8-4 PM
	20-	No School (President's Day)
March	21-	Girls on the Run Begins
	24-	Hat Day (Proceeds go to 1 st Grade)
	6-	School of Choice Window Opens 10AM
	7-	Preschool Open House 4:30-6:30
	9-	Last Day of 3 rd Quarter
	10-	Kindergarten Roundup 8AM-4PM
	20-24-	Spring Break



Remember to clip and collect Box tops! You can find Box Tops on many of the products you will be using for Dinners and parties.

For a list of participating products Go to BTFE.com
Thank you for your support!

School of Choice

The School of Choice Window for the 2017-18 school year opens on March 6th at 10:00 a.m.- March 31st at 4:00 p.m. Letters will be sent home explaining the application procedure.



HANDWASHING

We are in the cold and flu season. It's always good to practice the hand washing steps as a way to promote healthy habits. Following each step in the correct order is an essential tool in the prevention of the spread of germs. Please help us keep everyone safe and healthy by correctly washing the hands. 1. Get paper towel ready, 2. Turn on the water and wet hands, 3. Get soap, 4. Rub hands to make bubbles for 20 seconds out of the water, (make sure to rub the front, back, and in between fingers,) 5. Rinse the soap off in running water, 6. Dry hands with the paper towel, and 7. Use the paper towel to turn the water faucet off and to open the door. We are strongly encouraging good handwashing . We have confirmed cases of the flu in our district. Handwashing is the #1 prevention of illnesses.



Kindergarten Roundup

Friday, March 10th, 2017 from 8:00-4:00 pm will be Kindergarten Round Up and is for any child who will be 5 years old on or before July 15, 2017. Please bring your child's birth certificate, current immunization and 2 proofs of addresses for the Dos Rios area. This proof could include a



PRESCHOOL OPEN HOUSE

Will your child be 3 or 4 years old by July 15, 2017? Interested in a preschool program through School District 51 for 2017-2018? Your child must meet eligibility requirements to attend our program. **Mark your calendar to attend the EARLY CHILDHOOD PRESCHOOL OPEN HOUSE.** Come visit with teachers, pick up an application and have your questions answered about our eligibility process for School District's preschool programs. **Tuesday, March 7th, 2017 4:30 – 6:30 pm in the classrooms**



When: February 16th
4-8PM

February 17th
8AM-4PM

Where: Dos Rios Library

**We will accept Credit Cards,
Checks & Cash**



Birthday Invitations

If you send upcoming birthday invitations with your child to school, please make sure there is one for every student in the class or give to children after school so that others aren't feeling left out.



Coming Soon to a 4th Grade, Near you!

Our school was picked at random to participate in NAPE testing this year. NAPE or National Assessment of Educational Progress is used by Teachers, principals, parents, policymakers, and researchers to assess progress and develop ways to improve education in the United States. All **fourth grade** students have been selected to participate. If you have any questions, please contact Alisa Wise 254-7910 ext 46153

Tardies

Students will be marked tardy when the bell rings at 8:50 AM or after the door is shut for afternoon Kindergarten and students must report to the office before going to class. Five (5) unexcused tardies is equal to one (1) unexcused absence.

It is beneficial to your child's learning, if early pick ups can be avoided. Please

February

Monday	Tuesday	Wednesday	Thursday	Friday
		1 GOOEY GRILLED CHEESE SANDWICH Chicken Noodle or Tomato Soup/Salad Bar Variety/Cookie/Milk 1% or Less	2 SAL'S SPAGHETTI or Sandwich Choice Salad Bar Variety/Milk 1% or Less	3 CHEESEY POCKETS Salad Bar Variety/Milk 1% or Less
6 MANAGER'S CHOICE Salad Bar Variety/Cookie/Milk 1% or Less	7 BEEF STREET TACO or Sandwich Choice Salad Bar Variety/Milk 1% or Less	8 LUIGI'S CHEESY NOODLES Salad Bar Variety/Milk 1% or Less	9 MOM'S BBQ CHICKEN or Sandwich Choice Salad Bar Variety/Milk 1% or Less	10 GUIDO'S CHEESE PIZZA Salad Bar Variety/Milk 1% or Less
13 GRILLED HAM & CHEESE SANDWICH Salad Bar Variety/Milk 1% or Less	14 BEAN BURRITO or Sandwich Choice Salad Bar Variety/Cookie/Milk 1% or Less	15 KC CITY BBQ PULLED PORK SANDWICH Coleslaw/Salad Bar Variety/Milk 1% or Less	16 BREAKFAST FOR LUNCH or Sandwich Choice Salad Bar Variety/Milk 1% or Less ^{**}	17 No School Parent/Teacher Elem. Conferences MS Inservice
20 No School Holiday	21 BEEF STREET TACO or Sandwich Choice Salad Bar Variety/Milk 1% or Less	22 HOT DIGGITY DOG Salad Bar Variety/Milk 1% or Less	23 HOMESTYLE TURKEY GRAVY or Sandwich Choice Salad Bar Variety/Milk 1% or Less	24 MARIO'S PEPPERONI PIZZA Salad Bar Variety/Milk 1% or Less
27 NANA'S MAC & CHEESE Salad Bar Variety/Cookie/Milk 1% or Less	28 RAPTOR TURKEY TACO or Sandwich Choice Salad Bar Variety/Milk 1% or Less			**February 16th Elementary Planning Day No School



Monday	Tuesday	Wednesday	Thursday	Friday
BSBA is an equal opportunity provider and employer.		1 ROASTED CHICKEN Salad Bar Variety/Milk 1% or Less	2 FRITO CHILI PIE or Sandwich Choice Salad Bar Variety/Milk 1% or Less	3 BRONCO BURGER Salad Bar Variety/French Fries/Milk 1% or Less
6 FIESTA CHEESE Salad Bar Variety/Milk 1% or Less	7 PORK STREET TACO or Sandwich Choice Salad Bar Variety/Milk 1% or Less	8 GOOEY GRILLED CHEESE SANDWICH Chicken Noodle or Tomato Soup/Salad Bar Variety/Cookie/Milk 1% or Less	9 SAL'S SPAGHETTI or Sandwich Choice Salad Bar Variety/Milk 1% or Less	10 No School Teacher Work Day
13 MANAGER'S CHOICE Salad Bar Variety/Cookie/Milk 1% or Less	14 BEEF STREET TACO or Sandwich Choice Salad Bar Variety/Milk 1% or Less	15 LUIGI'S CHEESY NOODLES Salad Bar Variety/Milk 1% or Less	16 MOM'S BBQ CHICKEN or Sandwich Choice Salad Bar Variety/Milk 1% or Less	17 GUIDO'S CHEESE PIZZA Salad Bar Variety/Milk 1% or Less
20 No School Spring Break	21 No School Spring Break	22 No School Spring Break	23 No School Spring Break	24 No School Spring Break
27 GRILLED HAM AND CHEESE SANDWICH Salad Bar Variety/Milk 1% or Less	28 BEAN BURRITO or Sandwich Choice Salad Bar Variety/Cookie/Milk 1% or Less	29 KC CITY BBQ PULLED PORK SANDWICH Coleslaw/Salad Bar Variety/Milk 1% or Less	30 BREAKFAST FOR LUNCH or Sandwich Choice Salad Bar Variety/Milk 1% or Less	31 BRONCO CHEESEBURGER Salad Bar Variety/Milk 1% or Less